



**Jarvis Buchanan**

# **Supporting Tactics**

## **The Passion Questionnaire**



## About the Author

Jarvis Buchanan is a twenty-year Army Veteran with a natural passion for motivating others. His military career is only exceeded by his passion for helping youth and adults become the greatest version of themselves. Live to Never Lose Again is a part of a larger whole under his company LeadershiPsych, developed in 2022. LeadershiPsych is an online learning company that takes the lessons learned from Live to Never Lose Again and incorporates them into online instruction for accountable, continuous education toward achieving personal aspirations.

Jarvis believes that it is possible to mold personal passions into your tool to combat life challenges. Life is filled with complications and variations of problem sets that can make or break people. LeadershiPsych specializes in helping you manage the only consistent thing in life, change. Together we break habits, thought patterns, and condition a new mindset, centered around your passion.

In addition, he has authored three children's books titled "I Dream in Color". All three are motivational tools, inspired by true events, military history, and his personal passion to inspire change. "I Dream in Color" is meant to be a fun way of educating children about history. These short stories capture the essence of character, by looking at the world through the eyes of minority military heroes. The child understands that without reaching, impacting, and positively influencing those in need, he cannot fulfill his passion. It is his intention to help save a life, and that is the "why" behind his inspiration.

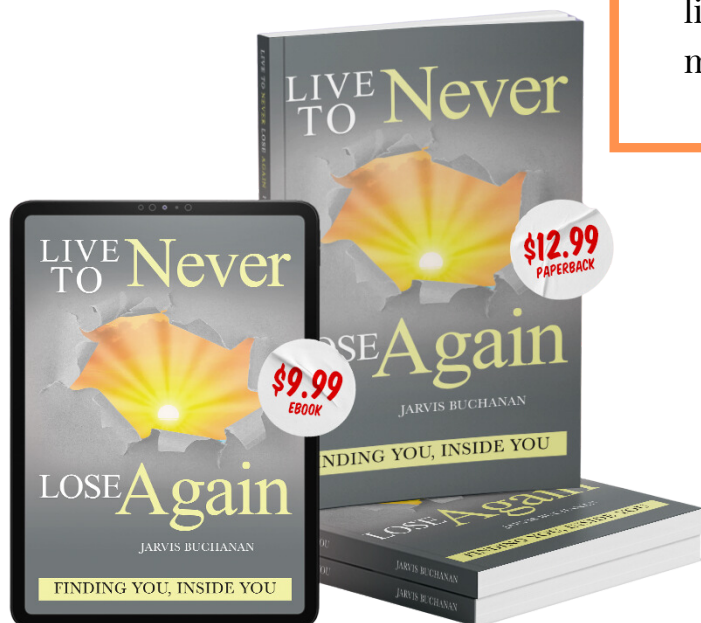
Ultimately, Jarvis desires to be the change that he so much wants to see in a world of uncertainty. His light shines brightest when he is able to influence, encourage and support those in need. Join in his efforts to change the world, one person at a time by sharing his work and endeavors to those you meet.



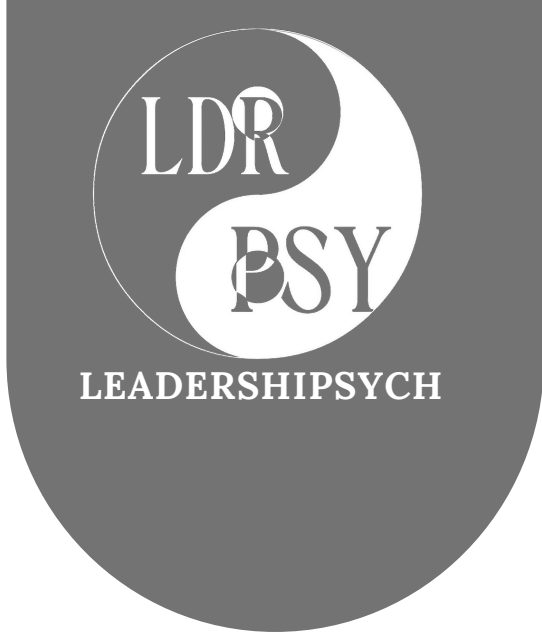


## About the Book

There are points in life when we find ourselves at the end of our rope with no lifelines left. It is these times when we need the most support and feel most vulnerable. To never find yourself here again, I propose you learn to live to never lose again. This is a journey through the inner workings of you. It is a practical approach to never viewing any circumstance in life as a loss but instead finding the lesson that leads to growth. We learn and are conditioned to become carbon copies of our environment and genetics. However, we are seldom taught the strategies of how to change the dynamics of our make up to better tool us for the storms we encounter throughout life. We are all heroes in our own stories. However, life happenings sometimes have a way of causing us to forget our greatness. Live to never lose again is a tool to help you better understand yourself again and provides realistic examples that magnify what makes us unique and remarkable. Dare to live to never lose again, the world is waiting to meet the upgraded version of you.



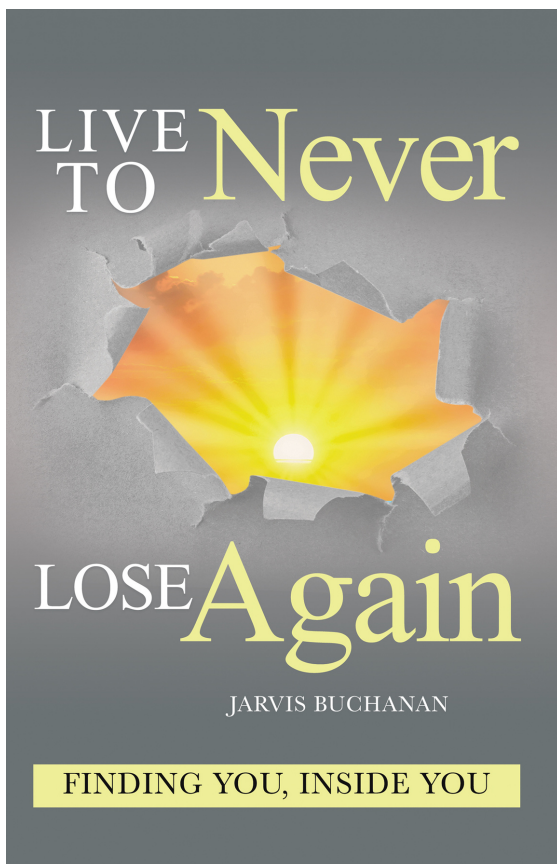




# The Passion Questionnaire

## Passion Questionnaire

Finding your passion is an intricate part of fulfilling core needs. What you are passionate about will serve as a vehicle for how you perceive success. Once you commit to working in a field that satisfies “who you are” it will become natural for you to want to rearrange the priorities and what matters in your life. Below are a few questions I would recommend you take a few days to ponder and answer. I advise you print the document and review it over the course of the next 7 days before you try to answer. Lastly, do not share your questions with anyone else until you have answered each question and stand by your answers. This is for you to become you, and you do not need the influence of anyone else to do that.







# The Passion Questionnaire

1. What do you think your passion is right now? It's ok if you are not positive on this answer. It is your best guess at the moment.
2. What did you like doing when you were a child?
3. What is something you would love to do if you were not getting paid?
4. What is something you love doing, and can do right now?
5. Imagine that you have no money, and things need to make sense. What do you go to?
6. If you thought like a child, what does that mind tell you should be doing?
7. When you wake up on a Saturday morning, what are the things you naturally yearn to get done after your routine tasks are complete?
8. What things have you naturally done, from childhood to now? You may not have done this task daily, or even weekly, but it has stuck around all your life.
9. What do you do whether times are good or bad in your life?
10. What is your fall back?
11. Do you have something that you do bring you back to reality when you are hit with shocking news?
12. What makes you settle in and come off the high or the low?
13. What do you read, talk, watch or try to teach others about?
14. Do the answers to these questions match the passion you listed in question one?

These answers should give you some insight on what is below the surface. This completed document gives you an area of emphasis. We can hone in on that area if you decide that you are ready to begin this journey.